




# November Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>B:</b> <b>AM:</b> <b>L:</b>  <b>PM:</b>	<b>B:</b> <b>AM:</b> <b>L:</b>  <b>PM:</b>	<b>B:</b> <b>AM:</b> <b>L:</b>  <b>PM:</b>	<b>B:</b> Cinnamon Toast <b>AM:</b> Caramel Quakes <b>L:</b> Egg Casserole  Peaches <b>PM:</b> Goldfish	<b>B:</b> Cereal <b>AM:</b> Pears <b>L:</b> Fish Sticks Green Beans Pineapple <b>PM:</b> Vanilla Wafers
<b>B:</b> Waffles <b>AM:</b> Teddy Grahams <b>L:</b> Diced Ham Tater Tots Pears <b>PM:</b> Veggie Straws	<b>B:</b> Cereal <b>AM:</b> Applesauce <b>L:</b> Cheese Quesadilla Peas & Carrots Mandarin Oranges <b>PM:</b> Pretzels & *Raisins(no raisins in I/T room)	<b>B:</b> Bagels & Cream Cheese <b>AM:</b> NutriGrain Bar <b>L:</b> Chicken Casserole  Peaches <b>PM:</b> Cheese Quakes	<b>B:</b> Cereal <b>AM:</b> Orange Slices <b>L:</b> Chicken Patty Sandwich Carrots Mixed Fruit <b>PM:</b> Chips & Salsa	<b>B:</b> Yogurt & Bananas <b>AM:</b> Crackers & *Wow Butter(no wow butter in I/T room) <b>L:</b> Pancakes & Sausage Hash Browns Blueberries <b>PM:</b> Oreos
<b>B:</b> Cereal <b>AM:</b> Bananas <b>L:</b> Chicken Marinara Cauliflower Peaches <b>PM:</b> Cheese Veggie Straws	<b>B:</b> Toast & Jelly/*Wow Butter <b>AM:</b> Cheez Its & *Raisins(no raisins in I/T room) <b>L:</b> Meat Ravioli Broccoli Applesauce <b>PM:</b> Wheat Thins	<b>B:</b> Cereal <b>AM:</b> Pears <b>L:</b> Fish Sticks Green Beans Pineapple <b>PM:</b> Cheese & Crackers	<b>B:</b> Yogurt & Apple Slices <b>AM:</b> Chex Mix <b>L:</b> Cheese Pizza Mixed Veggies Mandarin Oranges <b>PM:</b> Teddy Grahams	<b>B:</b> Cereal <b>AM:</b> Vanilla Wafers <b>L:</b> Baked Mostaccioli Carrots Mixed Fruit <b>PM:</b> Crackers/Wow Butter(no wow butter in I/T room)
<b>B:</b> NutriGrain Bar & Banana <b>AM:</b> Veggie Chips <b>L:</b> Hot Ham & Cheese Sandwich Peas & Carrots Peaches <b>PM:</b> Pears	<b>B:</b> Cereal <b>AM:</b> Orange Slices <b>L:</b> Chicken Parmesean Broccoli & Cauliflower Mix Pineapple <b>PM:</b> Chips & Salsa	<b>B:</b> Waffles <b>AM:</b> Chex Mix <b>L:</b> Turkey Breast & Stuffing Mashed Potatoes Mandarin Oranges <b>PM:</b> Baked Apple "Pie"	<b>B:</b> Prairie Pals Closed <b>AM:</b>  <b>L:</b>  <b>PM:</b> Happy Thanksgiving	<b>B:</b> Prairie Pals Closed <b>AM:</b> Happy Shopping! <b>L:</b>  <b>PM:</b>
<b>B:</b> Cereal <b>AM:</b> Pretzels & *Raisins(no raisins in I/T room) <b>L:</b> Cheese Pizza Green Beans Mixed Fruit <b>PM:</b> Lunchmeat & Crackers	<b>B:</b> Yogurt & Bananas <b>AM:</b> Cheese Veggie Straws <b>L:</b> Pasta & Meatballs Cauliflower Pineapple <b>PM:</b> Apples & *Wow Butter(no wow butter in I/T room)	<b>B:</b> Cereal <b>AM:</b> Yogurt <b>L:</b> Grilled Cheese Peas Applesauce <b>PM:</b> Graham Crackers	<b>B:</b> Toast & Jelly/*Wow Butter <b>AM:</b> Teddy Grahams <b>L:</b> Taquitos Mixed Veggies Peaches <b>PM:</b> Orange Slices	<b>B:</b> Cereal <b>AM:</b> Goldfish & Raisins <b>L:</b> Chicken Nuggets Carrots Mandarin Oranges <b>PM:</b> Cheese Sun Chips

**B:** Breakfast, **AM:** AM Snack, **L:** Lunch, **PM:** PM Snack

Milk and/or water is served with every meal. A bread item is served with lunch. Milk and Juice is served with breakfast.

\*Raisins and Wow Butter will not be served in the Infant/Toddler room, they will be served the listed snack stated minus these items